

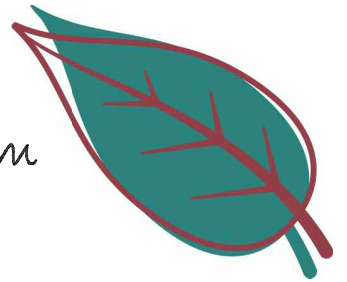
Early Fall Frozen Food Sale

Order by: Mon., Sept. 15th Pick-up on: Fri., Sept. 26th

Pound's Farm Market

724-845-7661

www.poundsturkeyfarm.com



Look for the ★ symbol on our price list to see new items. (Sale items highlighted in red.)

Early Fall Sale

FRUITS & BERRIES: Our selection of fruits & berries is chosen from Grade A crops and are delicious for baking, salads, and topping your morning cereal. The IQF symbol indicates the product is Individually Quick Frozen. No sugar is added and they pour easily for measuring and serving. Our Sliced Strawberries with sugar are Grade A, California grown and packed with a 4 x 1 strawberry to sugar ratio. They are perfect for shortcake & ice cream. Thirty pound packages are available for fire hall & church festivals on request.

Mixed Berry Medley - A delicious blend of Blueberries, Strawberries, Red Raspberries & Black Berries. Perfect for pies or toppings. (IQF) 2.5#

VEGETABLES: Our vegetable line offers you a wide selection of family favorites. Vegetables are Individually Quick Frozen (IQF) for easy measuring.

Packaged blends include:

Stir-Fry Blend - Broccoli, Pea Pods, Carrots, Red Bell Peppers, Sliced Mushrooms, Water Chestnuts and Onion Strips.

Monterey Blend - Colorful blend of Broccoli, Cauliflower, Yellow & Orange Carrots. 2 - 3# bags

Flame Roasted Corn & Peppers - Sweet Corn Kernels, Diced Bell Peppers and Onions with a hint of Southwest Seasoning. Serve hot or as a side relish. 2 - 2.5# bags.

Flame Roasted Peppers & Onions - Red & Green Pepper and Onion Strips, lightly seasoned and flame-roasted. Reheat to top steaks, burgers, fajitas, etc. 2.5#

Fajita Mix - Green, Red & Yellow Pepper Strips and Onion Strips. 2#

SIDE DISHES & SNACKS:

Surprise your family with a treat from our complete line!

Stuffed Baked Potatoes - A quick side dish with Cheddar Cheese. (12 ct.)

Soft Baked Pretzel - Ball park style. Microwave or oven baked. (24 ct.)

Battered Onion Rings - Hearty 5/8" slices of sweet onions, double dipped in beer batter. Oven bake or fry. 2.5#

Brew City Fries - Light battered fries. Oven bake or fry. 5# bag.

Puzzle Potato Bites - Building block shaped shredded potatoes. Children love them. 5# bag.

Potato Pancakes - Shredded potato formed into flavorful cakes, ready to fry or bake. 3#

SIDE DISHES & SNACKS: (cont'd)

Sweet Potato Fries - Crisp on the outside, true sweet potato flavor inside. Oven bake. 2.5#

Yam Patties - Lightly candied sweet potato patties. A delicious addition to any meal. Oven bake. (24 ct.)

Mashed Sweet Potatoes - Traditional holiday treat without all the fuss. Simply boil in bag or microwave. Season to taste. 2/ 2# bags

Roasted Baby Bakers - Roasted, whole, skin-on baby potatoes, lightly seasoned with roasted garlic & black pepper. Oven bake. 2.5#

MEAT, POULTRY & FISH ENTREES: Lots of quick ideas listed here. Enjoy convenience and flavor.

Individual Pizzas - Individual sized pan pizzas, Available in 2 varieties: Cheese, Pepperoni. 18 count.

Stuffed Shells - 2 oz. overstuffed shells.

Tasty filling of Parmesan, Mozzarella, Ricotta & Romano cheeses. 15 count/bag.

Italian Meatballs - Delicious homemade flavor. Fully cooked, ready to warm in sauce or microwave. 1 oz. each, 5# bag.

Mrs. Fri Crab Cakes - Chopped crab meat lightly breaded and golden brown. Bake or fry.

Chicken Cordon Bleu - Classic blend of Swiss & American cheeses, ham & breaded boneless chicken breast. 4 oz. ea. (12 ct.)

Chicken Breast w/Broccoli & Cheese - Boneless Chicken Breast stuffed with Broccoli Cheese filling. Lightly breaded. 4 oz. ea. (12 ct.)

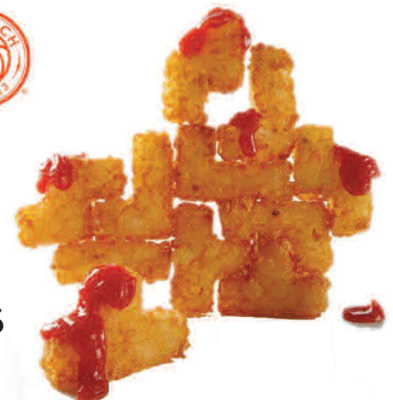
3 Varieties of Chicken Tenders - Most tender portion of the breast, lightly breaded, IQF. 2.5# Choose from: **Italian, Buffalo Style or Panko Breaded**

Chicken Nuggets - Tasty breaded chunks, just right for parties and a favorite with children. 2.5#

Pretzel Dogs - A new family favorite! All Beef Deli Frank wrapped in pretzel dough. Heat & serve. (6 ct.)



NEW to our list.
Give the
PUZZLE
POTATO BITES
a try!



OUR OWN "Award Winning" ENTREES: Made fresh at our farm, these dinner specialties are available all year long.

Pounds' Own Turkey Ham Loaf - Home grown and homemade with our ground turkey, smoked to perfection. Ready to thaw and bake.

Pounds' Own Ground Turkey - Approximately 95% fat free, lean ground beef substitute. 10/1# packs.

Pounds' Own Turkey Burgers - 5 Delicious flavors to choose from: Charbroiled, Jalapeño & Jack Cheese, Bacon & Cheddar, Spinach & Feta or Chilpotle & Honey Burgers. (4 ct. per pack)

Pounds' Own Turkey & Gravy - A quick hearty meal. Serve with stuffing, noodles or try with our Homestyle Biscuits. 1 Qt. approx.

Pounds' Own Turkey Pot Pie - A flavorful two crust pie filled with our roasted turkey, gravy & veggies. Easy homemade goodness! 5" or 9" pie.

Pounds' Own Beef Pot Pie - A kin to our popular turkey pot pies, made with our own roasted beef, hearty gravy, vegetables and potatoes. 5" or 9" pie.

BREAKFAST: From biscuits to pancakes, you're sure to find a family favorite here!

Homestyle Biscuits - Rich, flaky and ready to bake to a golden brown. Perfect with our Turkey & Gravy. 18 count.

Cheddar Garlic Biscuits - A flavorful addition to any meal. Simply bake and serve. 20 ct.

Pretzel Roll - Soft pretzel flavored dinner roll. 2.4 oz. each 20 ct.

Breakfast Scones - Warm, rich & flaky from your oven. Cinnamon Apple, White Chocolate/Raspberry, Blueberry, Chocolate Chunk or Brown Sugar Cinnamon. 12 count.

Pancake & Sausage on a Stick - Breakfast's answer to the corn dog! Heat & serve. 20 ct.

Cinnamon Roll Twist Dough - A morning favorite. Freezer to oven. (12 ct.)

DESSERTS: A treat for your family's sweet tooth.

Cookie Dough - Warm from the oven flavor in minutes. All doughs are pre-formed, ready to bake in a variety of flavors.

Filled Cookies - What a treat! Large, sweet raisin. Ready to bake. 2 doz.

"Gobs" - Traditional chocolate cake cookies with whipped Vanilla Filling. 15 ct.

Homestyle Pumpkin Pie - Traditional Holiday Dessert. 10" Pie. Ready to bake.

Homemade Fruit Pies - From Sand Hill Berries right here in Westmoreland County. Traditional 2 crust pies, jam-packed with fruit. Choose from cherry / berry flavors or Bumbleberry. (a combination of blueberries, raspberries, blackberries, cherries & strawberries), 8" or 10" Deep Dish pies, ready to finish baking. Serve warm from your oven.

Cheesy Squash Casserole

2 Cups	Cooked & mashed Yellow (Summer) Squash (See Item # 340)
1-1/2 Cups	Grated Cheddar Cheese
1 tsp.	Salt
1 TBSP.	Sugar
1/4 tsp.	Pepper
2 TBSP.	Flour
1/2 Cup	Milk (Evaporated adds a richness to this dish.)
1/2 Stick	Butter (Melted)

Preheat oven to 300°. Combine all ingredients and pour into 8x8 or 9x11 greased baking dish. Bake 30 - 40 minutes depending on thickness. Can be frozen prior to baking. Thaw then bake as directed.



FARM MARKET

**Store Hours: Tues. - Thurs. 10: a.m. to 5: p.m.
Fri. 10: a.m. to 6:00 p.m. / Sat. 9: a.m. to 4: p.m.
Closed Sun. & Mon.**

724-845-7661

**Visit our web site:
www.poundsturkeyfarm.com**

Find more delicious recipes tested in our own kitchen on our web site, www.poundsturkeyfarm.com. Look for 2 sales per year to stock up on your favorite items.

Order by: **Mon., Sept. 15th** Pick-up on: **Fri., Sept. 26th**

Name: _____

Address: _____

E-mail: _____

Phone: _____

New items indicated by ★. Sale items highlighted in red.
(Items in both columns are sold by the case only.)

Qty.	Item #	FRUITS & BERRIES	Case Price	TOTAL
	100	Apple Slices IQF 2.5#	5.39	
	105	Blackberries IQF 5# (reg. 11.99)	10.99	
	110	Black Raspberries IQF 3#	17.99	
	115	Red Raspberries IQF 5.5#	18.99	
	120	Cultivated Blueberries IQF 5# (reg. 13.29)	12.59	
	125	Maine Wild Blueberries IQF 5#	16.59	
	128	Mixed Berry Medley IQF 2.5#	10.49	
	130	Dark Sweet Cherries IQF 2.5#	12.99	
	135	Red Tart Cherries IQF 5#	12.59	
	142	Rhubarb IQF 2.5#	7.19	
	150	Sliced Peaches IQF 5#	14.99	
	152	Mango Chunks IQF 2.5#	7.19	
	155	Pineapple Chunks IQF 2.5#	6.79	
	160	Whole Strawberries IQF 5#	12.99	

Qty.	Item #	VEGETABLES	Case Price	TOTAL
	300	Asparagus Cuts & Tips 2/2.5# bags	17.59	
	305	Cut Green Beans 4/2# bags	12.29	
	310	Baby Lima Beans 2/2.5# bags	10.99	
	320	Broccoli Florets IQF 4/2# bags	9.69	
★	340	Sliced Yellow (Summer) Squash 2/3# bags	8.39	
	350	Garden Peas 4/2.5 # bags	14.89	
	355	Sugar Snap Peas 2/2 # bags	9.99	
	360	Mixed Vegetables 4/2.5 # bags	13.99	
	365	Stir-Fry Blend 2/4 # bags	17.49	
	371	Monterey Blend Vegetables 2/3# bags	14.29	
	374	Flame Roasted Corn & Peppers 2/2.5# bags	14.69	
	380	Fancy Sliced Mushrooms 2.5#bag	8.89	
	383	Roasted Peppers & Onions 2.5# bag	8.29	
	385	Diced White Onions 2.5# bag	4.99	
	386	Fajita Mix 2# (reg. 4.29)	3.89	

Qty.	Item #	SIDE DISHES & SNACKS	Case Price	TOTAL
	406	Stuffed Baked Potato w/Cheddar (12 ct.)	12.49	
	410	Soft Baked Pretzel 2.5 oz. (24 ct)	11.99	
	450	Batter Dipped Onion Rings 1/2.5# bag	8.99	
	460	Brew City Fries 5# bag (reg. 8.99)	8.29	
★	465	Puzzle Potato Bites 5# bag	8.99	
	470	Potato Pancakes (2 oz. ea.) 3#	7.99	
	475	Sweet Potato Fries 2.5# bag	6.99	
	476	Yam Patties (24 ct.)	6.99	
	477	Mashed Sweet Potatoes 2/2# bags	10.79	
	490	Roasted Baby Bakers 2.5# bag	7.59	

Qty.	Item#	ENTREES	Case Price	TOTAL
	500	Individual Cheese Pizza (18 ct.)	22.99	
	505	Individual Pepperoni Pizza (18ct.)	23.59	
	520	Stuffed Shells (15 count)	12.99	
	525	Italian Meatballs 5# bag	16.99	
	530	Mrs. Fri Crab Cakes (appr. 24 ct.)	23.49	
	545	Chicken Breast Cordon Bleu (12 ct.)	18.99	
	550	Chicken Brst. w/Broccoli & Cheese (12 ct.)	18.99	
	565	Italian Chicken Tenders 2.5#	13.89	
★	566	Buffalo Style Chicken Tenders 2.5#	13.89	
★	567	Panko Breaded Chicken Tenders 2.5#	12.99	
	570	Chicken Nuggets 2.5# (reg. 10.59)	9.59	
	575	Pretzel Dog 4 oz. ea. (6 ct.)	8.59	

Qty.	Item #	POUNDS' OWN	Case Price	TOTAL
	600	Pounds' Own Turkey Ham Loaf 1.25#	6.39	
	610	Pounds' Own Ground Turkey 10/1# pks.	40.90	
Pounds' Turkey Burgers available in these flavorful varieties. 4 in a package.				
	611	Charbroiled Burgers approx. 1.10#	5.09	
	612	Jalepeño & Jack Cheese Burgers approx. 1.10#	5.69	
	613	Bacon & Cheddar Burger approx. 1.25#	6.69	
	614	Spinach & Feta Burgers approx. 1.25#	6.19	
★	615	Chipotle & Honey Burgers approx. 1.25#	6.39	
	620	Pounds' Turkey & Gravy approx. 1 qt.	8.19	
	625	Our Own Turkey Pot Pie 9"	10.89	
	630	Our Own Turkey Pot Pie 5"	4.59	
	632	Our Own Beef Pot Pie 9"	10.99	
	633	Our Own Beef Pot Pie 5"	4.69	

Qty.	Item#	BREAKFAST & DESSERT	Case Price	TOTAL
	700	Homestyle Biscuits (18 ct.)	5.99	
	705	Cheddar Garlic Biscuits (20 ct.)	6.29	
	710	Pretzel Roll 2.4 oz. (20 ct.)	8.79	
	720	Cinnamon/Apple Scones (12 ct.)	11.99	
	721	Wh. Chocolate/Raspberry Scones (12 ct.)	11.99	
	722	Blueberry Scones (12 ct.)	11.99	
	723	Chocolate Chunk Scones (12 ct.)	11.99	
	724	Brown Sugar/Cinnamon Scones (12 ct.)	11.99	
	728	Pancake & Sausage on a Stick (20 ct.)	15.69	
	745	Cinnamon Twist (12 ct.)	14.99	
	770	Wh./Macadamia Cookie Dough (48)	10.99	
	771	Sugar Cookie Dough 1.5 oz. ea. (24 ct.)	8.29	
	772	Oatmeal/Raisin Cookie Dough 1.5 oz. ea. (24 ct.) (reg. 8.29)	7.29	
	773	Filled Raisin Cookie (24 ct.)	9.99	
	780	Chocolate Gobs w/Vanilla (15 ct.)	14.99	
	790	Homestyle Pumpkin Pie 10"	7.29	

Sand Hill 8" & 10" Deep Dish Pies				
Raspberry Pie	870-8"	10.00	870-10"	14.00
Blackberry Pie	872-8"	10.00	872-10"	14.00
Bumbleberry Pie	874-8"	10.00	874-10"	14.00
Cherry Pie	876-8"	10.00	876-10"	14.00
Blueberry Pie	877-8"	10.00	877-10"	14.00
Raspb./Rhubarb Pie	878-8"	10.00	878-10"	14.00

Column 1, Sub Total		Column 2, Sub Total		Total	
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Thank you for choosing Pounds' Farm for quality turkey and other food products.